

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-6 (canceled)

Claim 7 (previously presented): A method for reducing the amount of stimulant necessary to deliver an effective amount of the stimulant to an individual, the effective amount corresponding to an enteral administration amount, the method comprising the steps of:

providing a chewing gum including less than the enteral administration amount of the stimulant;

providing the stimulant in a form wherein it can be adsorbed through the oral mucosa of the individual;

chewing the chewing gum and thereby causing the stimulant to be released into the saliva of the individual; and

forcing an effective amount of the stimulant into the systemic system through the oral mucosa contained in a buccal cavity of the individual.

Claim 8 (previously presented): The method of Claim 7 wherein the stimulant is a caffeine.

Claim 9 (canceled):

Claim 10 (original): The method of Claim 7 wherein the chewing gum is chewed for at least 2 minutes.

Claim 11 (previously presented): The method of Claim 7 wherein the chewing gum creates a saliva content of stimulant of approximately 15 to about 440 ppm.

Claim 12 (previously presented): The method of Claim 7 including the steps of chewing a chewing gum including the stimulant at least twice a day.

Claim 13 (canceled):

Claim 14 (currently amended): A method of enhancing an individual's performance comprising the steps of:

providing a chewing gum including a performance enhancing amount of caffeine that is designed to be adsorbed through the oral mucosa of the individual; and

chewing the chewing gum not more than ten minutes before the performance to create a caffeine saliva content from about 15 ppm to about 440 ppm; and

absorbing ~~at least a portion~~ an amount of the caffeine saliva content through the oral mucosa and into the systemic system of the individual.

Claim 15 (original): The method of Claim 14 wherein the performance to be enhanced is athletic.

Claim 16 (original): The method of Claim 14 wherein the performance to be enhanced is cognitive.

Claim 17 (original): The method of Claim 14 wherein the performance to be enhanced is alertness.

Claim 18 (original): The method of Claim 14 wherein the chewing gum is chewed five minutes or less before the performance.

Claims 19-22 (canceled)

Claim 23 (previously presented): A method of increasing the stimulatory effect of caffeine in an individual comprising:

enterally ingesting caffeine to provide a first amount of caffeine in the systemic system of the individual; and

chewing a chewing gum that contains caffeine causing a second amount of caffeine to be released by the chewing gum and forced through an oral mucosa and into the systemic system of the individual, the first and second amounts of caffeine providing an effective amount of caffeine in the systemic system.

Claim 24 (canceled):

Claim 25 (original): The method of Claim 23 wherein the chewing gum creates a saliva content of medicament of approximately 15 to about 440 ppm.

Claim 26 (previously presented): The method of claim 7 wherein the chewing further comprises creating a pressure within the buccal cavity.

Claim 27 (currently amended): The method of claim 7 wherein providing the stimulant further comprising ~~comprises~~ adjusting the hydrophilic/lipophilic balance of the stimulant.

Claim 28 (currently amended): The method of claim 7 wherein providing the stimulant further comprising ~~comprises~~ blending the ~~medicament~~ stimulant with a base/emulsifier system.

Claim 29 (currently amended): The method of claim ~~27~~28 wherein the blending occurs before the providing.